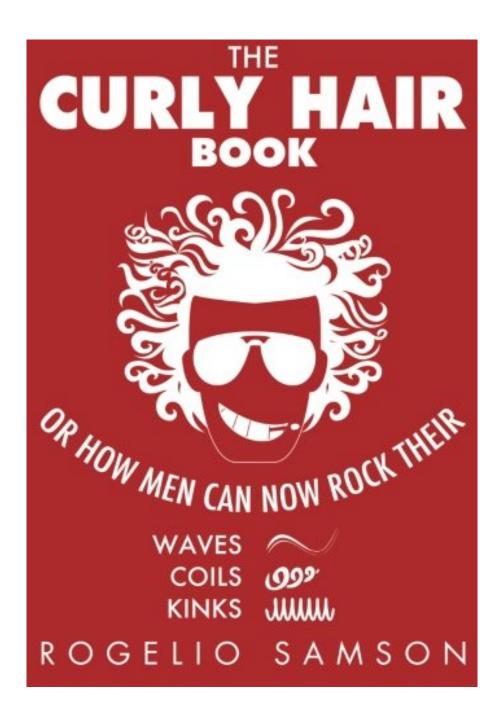


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About the Author

Already a popular hair blogger, Rogelio Samson is the founder of ManlyCurls.com and MensHairBlog.com, two pioneering haircentric websites for men that look at hair from a self-actualizing perspective. A bit of a nomad, Rogelio has lived in five countries and travelled to quite some more. Among others, two of his passions are blogging and writing, and he has been dubbed "the Chuck Norris of hair" and "The Dr. Phil of curly hair" by his readers. A curly haired dude by nature, Rogelio has been hacking the hair conundrum for over a decade already as he has studied everything about hair while throwing all sorts of potions and kitchen blends on his curls, only to chop his mane again into every single haircut and hairstyle possible and then deciding to grow his coils and kinks to waist-length. Rogelio writes lifestyle content for men who want nobull reading and who seek Sex-in-the-City-less hair advice. Other than blogging and writing, Rogelio dedicates his free time to travelling the world, training for Olympic weightlifting, dj-ing and bodyboarding big waves.

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Envision that you get such certain remarkable encounter as well as knowledge by only reading a publication **The Curly Hair Book: Or How Men Can Now Rock Their Waves, Coils And Kinks By Rogelio Samson**. Just how can? It appears to be greater when a publication can be the finest thing to uncover. Publications now will show up in printed as well as soft data collection. Among them is this e-book The Curly Hair Book: Or How Men Can Now Rock Their Waves, Coils And Kinks By Rogelio Samson It is so typical with the published e-books. However, many individuals occasionally have no space to bring guide for them; this is why they cannot check out guide anywhere they really want.

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Great-looking, healthy, luscious waves, coils or kinks as a modern male with curly hair, is that really possible without having to become a hair diva or spend glorious amounts of time in hair salons retouching your locks while gossiping with your hairstylist?

The Curly Hair Book: Or How Men Can Now Rock Their Waves, Coils and Kinks is the essential hair manual for the modern-day curly haired male. From wavy hair to afro-textured hair, The Curly Hair Book covers all to do with daily hair grooming and long-term hair care while instilling the right attitude and mindset to sport one's curls as a lifestyle-conscious 21st century male.

Popular hair blogger Rogelio Samson (founder of Manly Curls & Men's Hair Blog) has spent many years in the pursuit of hacking the male hair conundrum with a special focus on curly hair. Having already paved the online way for curly men, this book is Rogelio's next revolutionary step in his path to inspire, motivate and help those men with waves, coils and kinks to finally embrace and optimally address their hair and, once and for all, make something positive out of such a visible personal trait. Thus, Rogelio, himself a curly haired guy, has written this book for modern males who seek the perfect follicular blend of convenience and optimal results.

This is what you will find in The Curly Hair Book:

- Detailed 101-type content of your hair.
- A hair type guide to know the specifics of your type of curly hair and its different lengths.
- All about cleaning your hair, from how to find your shampooing frequency to how to use Rogelio's popular Sebum Coating method and much more.
- All about conditioners and how to use them together with your own secreted sebum.
- All about styling curly hair, including relevant hairstyles for your curl type.
- How to build your convenient daily hair grooming routine, including a routine that takes less than 9 minutes for awesome curls from the moment you get in the shower to the moment you are out of the bathroom.
- How to create your own convenient hair care strategy that will ensure the health and future of your hair.
- Detailed nutritional tactics and tricks for your hair.
- All about having the mentality to start addressing your hair as a modern male and keeping your locks for the rest of your life.
- Much inspiration and motivation to implement actions and be successful in your journey to great-looking hair.
- Extensive myth busting.
- A whole chapter dedicated to 35 miscellaneous questions that will bulletproof your journey.
- A plan: the steps and actions necessary to make it all work during your journey.
- Many useful tables and diagrams to visualise your actions.

- And so much more while having every bit of knowledge related to Rogelio's personal case.

This book is part of Rogelio's hair revolution to get men to finally sport awesome manes and embrace their shapely hair so as to integrate their waves, coils and kinks into their own core as males. You will find this book of great benefit if:

- You have hair that is wavy, curly, kinky, afro-textured, coiled or of unexplainable shape.
- You are balding and need a no-bull book to preserve your waves, coils or kinks.
- You are a woman and the man in your life (husband, boyfriend, son, brother, father) has curly hair and you are tired of seeing him not do anything about his hair. This book will be the perfect gift.

You can also find this book of benefit if:

- You have straight hair but don't know how to manage it. The majority of this book will be relevant to you (refer to Question 24 in Chapter 8 before starting to read the book).
- You are the father/mother of a boy with curly hair and want to understand how to manage his hair (refer to Question 23 in Chapter 8 before starting to read the book).
- You are a male who wants to try something new with his hair.

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Most helpful customer reviews

9 of 10 people found the following review helpful. An excellent hair book for any male wanting better hair By Victor Levy

As a professional barber, I get a lot of curly guys coming into my barbershop who bombard me with questions about their hair. I remember reading the first chapter of The Curly Hair Book: Or How Men Can Now Rock Their Waves, Coils And Kinks and thinking how what Rogelio describes with the terms "dead rats" and "buzz cuts" is exactly what goes on with the males with curly hair I see on an everyday basis. I love how Rogelio built up the story and introduces all his terms and concepts and how he related to us the reader.

I have wavy hair, so not only as a barber but as a male, I can relate to everything inside this book. I never thought I could enjoy reading a book on hair care like I have done with this book!

The chapters that Rogelio dedicates to the "physical" part of the awesome mane concept are exceptionally deep. I was impressed with the detail and found myself learning a few things, and of special merit is the fact that he manages to put everything in order and as a system. Literally, once you finish reading the book, you can start taking actions and following an actual order (last chapter goes through all there is to do).

There is a chapter that talks about the attitude and mindset to have as a curly haired male. Wow, that's all I can say. For starters, Rogelio has curly hair so he speaks from personal experience, you can tell the man has lived! I already knew about his blog and you just must read his blog to understand how much of a beast the man is (lifted 300 lbs over his head, lived in five countries, has had his hair to his navel, what hasn't this man done??). The chapter on the mental part (as he calls it) is full of inspiration, motivation and sparking your inner flame. It really complements the previous chapters (which talk about the actual hair care/grooming) and it is here where Rogelio passes on his passion for hair on to you. He touches on something very important which is "hair inspiration", and he lists men and celebrities whom you look up to as examples of how to rock your curly hair. You can find all sorts of examples of hair inspiration for your particular curl type (there's five curl types and you have to find your hair's type) and he links the taking care of your hair with the taking care of yourself and making yourself a better man.

This is "the book", you must own it if you're remotely interested in knowing your hair. You will find yourself not only learning about your hair but also enjoying your reading while becoming infected with Rogelio's enthusiastic attitude. 110% recommended!

4 of 4 people found the following review helpful.

curly guys get this now!

By Thomas Christie

This book has great tips and methods to manage your curly hair better. Years ago I had medium length curly hair and I could not put it into any style, it was dry on top and boofy all over, it really affected my confidence because I wanted to have great hair or a cool hairstyle but I couldn't do a single thing with it. People always told me "curls get the girls" but that was more of a slap in the face than encouragement because MY curls didn't get the girls at all. The only advice ppl would give me was to wash my hair more which only made it worse, hairdressers couldnt even cut my curly hair properly let alone give me advice about it, eventually I gave up hope and just cut it off. I got sick of cutting it and found this book, now I'm growing it again and I have a better understanding of how to manage it and whats possible.

6 of 7 people found the following review helpful.

Finally some good information about curly-haired men!

By ANDREW MACKENZIE

In my youth I always hated my curly hair. It was always a burden. Barber's didn't know how to cut it, nor have any advice on how to improve it. After it got over 1 inch in length it couldn't be tamed. So I proceeded to get buzz cuts for most of my life. Now at the age of 42 I have decided to embrace my curly hair thankfully I still have my hair. I always thought that I could enjoy my curly hair, but didn't know how. Now with this book, I am on the course to mastering my mane. I am only 2 weeks into Rogelio's (the author) process, but the results are promising so far. On a side note, Rogelio has answered several of my questions on his blog ([...]) and some via e-mail as well. After a few more weeks, I'll update this with my progress.

See all 7 customer reviews...

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