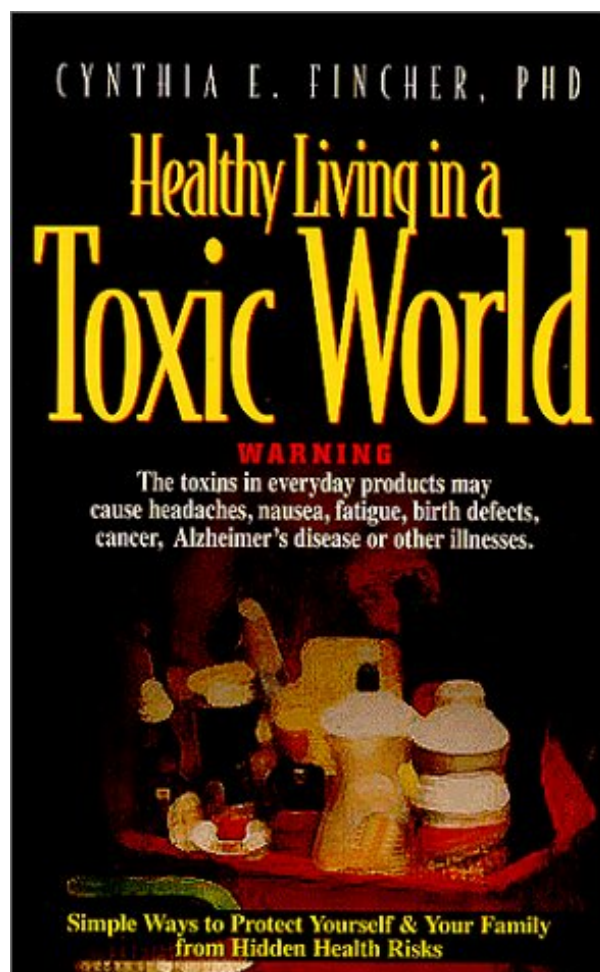


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CYNTHIA E. FINCHER, PHD

Healthy Living in a Toxic World

WARNING

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Simple Ways to Protect Yourself & Your Family
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Review

"A much-needed introductory text on common poisonous threats that surround us. **HEALTHY LIVING IN A TOXIC WORLD** is a must read for health care professionals, workers, managers...everyone" -- Raymond Singer, Ph.D., author of **THE NEUROTOXICITY GUIDE BOOK**

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HEALTHY LIVING IN A TOXIC WORLD explains the myths and the science of how chemicals we encounter in daily life can effect our health. Rather than using scare tactics to sensationalize the impact of individual products, this book provides readers with a framework to understand how neurotoxic chemicals affect your health, where to look for them, and how regulatory and political processes allow the real danger to perpetuate. This book provides an interesting and balanced perspective on real health risks and reasonable precautions you can take to protect yourself and your family.

- Sales Rank: #2341955 in Books
- Published on: 1996-10
- Original language: English
- Number of items: 1
- Dimensions: 8.25" h x 5.50" w x .75" l,
- Binding: Paperback
- 222 pages

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products, personal hygiene, medical, are everything you need to know to help yourself.

It is short and condensed. You can read it quickly and use it for a reference for years to come. I highly recommend this book for anyone wanting to make their "space" a life-long healthier way to live.

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As a student

By Gary D. Burleson

Hi there my name is Gary Burleson. I am a student of Cynthia Fincher at the University of North Texas. We discuss many topics of Cynthia Fincher's book "Healthy Living in a Toxic World" in class and I have found that as a student I have only started scratching the surface of many serious issues. There are many things I didn't even think about until I enrolled in Ecological Psychology and Cynthia Fincher brought them to my attention. I strongly encourage everyone to read her book, it is very informative. This book will open every persons eyes who read it to many issues that are going on and will countine going on unless we as people can take alternative measures. Gary Burleson

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By Nurse Harvey

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