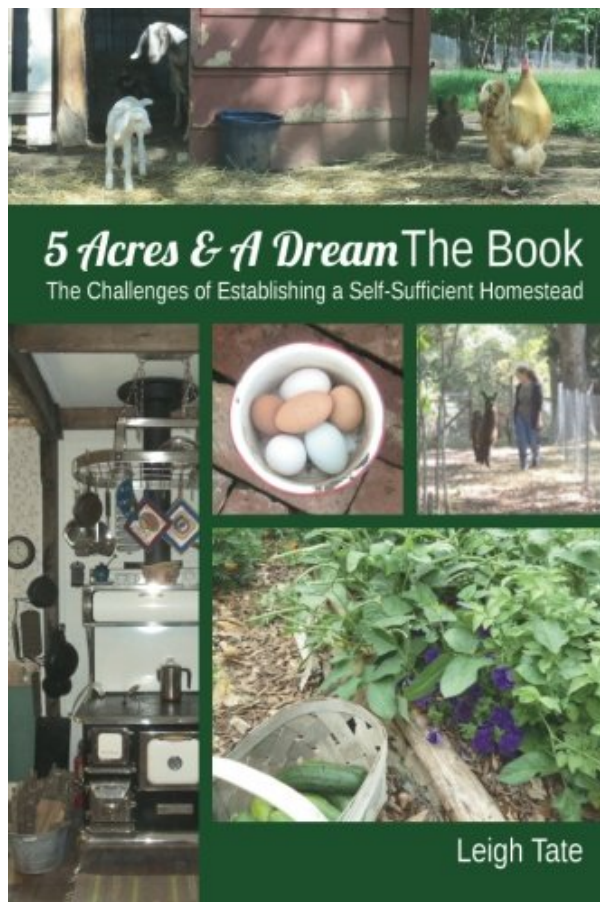
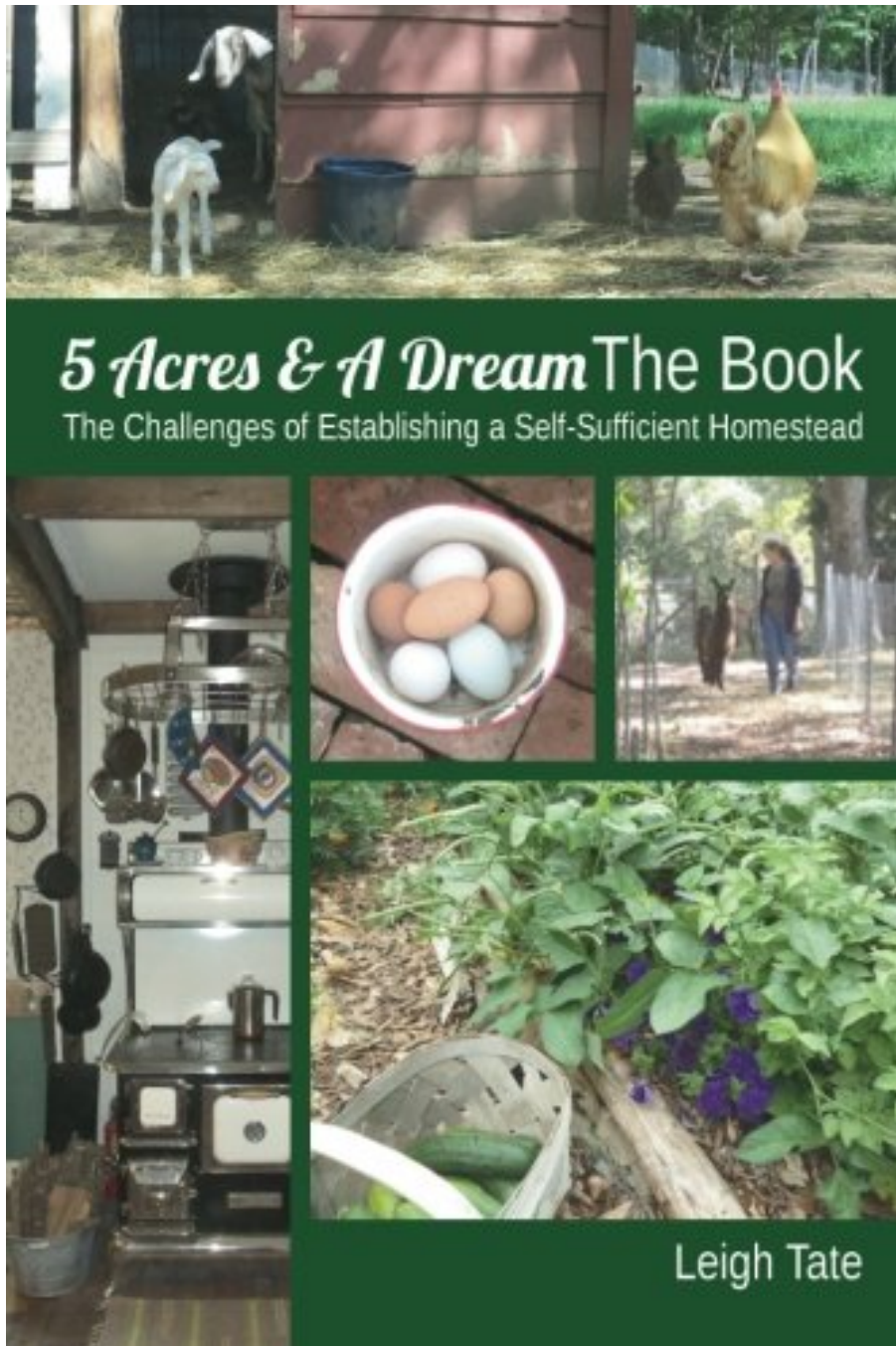


5 ACRES & A DREAM THE BOOK: THE CHALLENGES OF ESTABLISHING A SELF-SUFFICIENT HOMESTEAD BY LEIGH TATE



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About the Author

Leigh Tate homesteads five acres in the foothills of the southern Appalachian Mountains with her husband Dan. Their goals are simpler, sustainable, more self-reliant living, and a return to agrarian values. In addition to critter keeping, gardening, food preservation, cheese making, and woodstove cookery, Leigh loves to write about homesteading. She is the author of the popular **5 Acres & A Dream The Book: The Challenges of Establishing a Self-Sufficient Homestead**, an eBook series entitled **The Little Series of Homestead How-Tos**, and **Critter Tales : What my homestead critters have taught me about themselves, their world, and how to be a part of it**. Her ongoing homestead adventures can be read at her blog, **5 Acres & A Dream The Blog**.

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What does it take to become a successful homesteader?

Based on her popular homesteading blog, *5 Acres & A Dream*, Leigh Tate shares how she and her husband Dan are facing the challenges of trying to establish a self-sufficient homestead; from defining their dream, finding property, and setting priorities, to obstacles and difficult times, to learning how to work smarter, not harder. She shares what they've learned about energy self-sufficiency, water self-sufficiency, and food self-sufficiency for themselves and their goats and chickens too. Included are copies of their homestead master plan plus revisions, homegrown vitamins and minerals for goats, and several of Leigh's favorite homestead recipes.

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- 262 pages

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Most helpful customer reviews

85 of 88 people found the following review helpful.

A "MUST READ"

By K. Solliday

Although I (seriously) have more than a thousand books in my non-fiction library, I rarely write reviews. I'm not sure why - I am an English teacher living on a 40 acre farm and I have actually READ all of the books I have from cover to cover (really). However, I am making an exception for this book - I couldn't put it down. It was fantastic reading from beginning to end. Now, part of the reason I might have liked it so much (disclaimer) is because, like the author, I am also middle-aged... but I truly think the reason it resonated with me was because it is an honest telling of both the good and the frustrating times the author had trying to carve out their farmstead. If you are looking for a step by step "How To" book, this isn't the one for you

(although you should still buy it and read it, because it WILL help you). If you are looking for an honest look at the types of experiences one might have while trying to establish a homestead, and how one couple went about dealing with everything, this is IT!!!! I have loaned out my copy to several neighbors already, and they loved it too. We are all hoping there is more to come from this author.

55 of 57 people found the following review helpful.

5 Acres and a Dream: From Fantastic Blog to Fantastic Book

By Garrett Alley

5 Acres and a Dream is a fantastic blog, one I've been reading for a couple of years now. I've always been impressed with homesteader Leigh's (and husband Dan's) measured, logical approach. When a problem presents itself, they research and come up with the best solution for them.

When I first got a hint that maybe a book was in the works I was excited and also a bit curious. Would it just be another book about how to homestead? How much of Leigh and Dan would be in the book? Would it simply be a collection of posts from the blog?

Alas, I had nothing to worry about. The book is outstanding!

Sure, the book talks a lot about homesteading, and there are even some recipes included. The footnotes and reference section provide a wealth of further reading and information.

But where the book shines best is where the author talks about their mindset and relates their thought process -- what brought them to each decision they made.

I did not buy this book strictly as a "how to" manual for homesteading. Rather, I wanted to know more about Leigh and Dan's experience, more about the road that brought them here. But don't get me wrong, you could certainly do worse for homesteading information -- the book is stuffed full of hints, tips, and handy references for everything from cheesemaking to forestry. Often, Leigh includes alternatives or options for other ways to produce, grow, fix, or care for various components of the homestead.

And where other books can come across as preachy or condescending, 5 Acres and a Dream: the Book has a friendly, helpful tone. The author talks about why they made the decisions they made, but does not chastise those that haven't made the same choices.

She talks about what worked and what did not. She mentions their failures, rather than painting the whole experience in the rosy "DIY" light that we get on television and most other books on the subject.

I loved this book! And it's a beauty, certainly worthy of your bookshelf. Leigh packed the book with dozens and dozens of photos, really bringing their homestead to life. The writing's concise and the layout is so well done. Often, self-published books fall victim to layout/structural issues, but Leigh (as usual!) did her homework and devoted a year to getting it right. Yes, true to her philosophy, she did everything herself rather than hiring out the various parts of production. That meant learning many new opensource software programs and diving into self-publishing head first. The results speak for themselves.

I highly recommend this book.

27 of 28 people found the following review helpful.

Both Educational and Entertaining - Worth Reading!

By Benita Story

If you like Barbara Kingsolver's Animal, Vegetable, Miracle, then you are going to love Leigh Tate's book. It

is not a repeat of her popular blog, *5 Acres & A Dream* (which I have read since the beginning), but a very concise telling of the planning, work, research and love that she and her husband, Dan, have put into making their 5 acres as self-sustaining as possible. Not only does she explain their successes, but also their failures in order to help others who want to become self-sustaining as much as possible. The book is enjoyable to read and there are over 140 images to help explain and show you what they have done are are doing. And recipes!!! I will be telling everyone I know about this book. Thank you, Leigh, for writing this book.

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